TIMED URINE SAMPLE
PATIENT COLLECTION INSTRUCTIONS

Your collection will be for (circle one):   24 hours   6 hours   4 hours   2 hours

Please store urine sample in the container provided by the Lab. **Refrigerate the sample** during the collection period.

Collection Instructions:

1. Empty your bladder completely before beginning the collection. Discard urine.

2. Note the date and time and determine the ending time (24 hours later).

3. Collect all urine during this time period. **Keep refrigerated** during collection.

4. At the ending time, empty your bladder and add this urine to the container.

5. Take sample, doctor's order and this instruction sheet with collection times noted on back as soon as possible to any of our locations. Please check in and register. You will be seen by a Lab care partner who will review your specimen and order before you leave. (holiday/weekend hours may vary)

6. To reduce wait times, we encourage you to preregister by calling 321-268-6150.

Parrish Medical Center (Express Testing): 951 N. Washington Ave., Titusville, FL 32796
Mon.-Fri., 6:30am-6pm and Sat., 7am-Noon, 321-268-6333, ext. 7344 or Main Lab open 24-hours at 321-268-6134

Health and Fitness Center: 2210 Hwy. 50, Titusville, FL 32780
Mon.-Thurs., 6:30am-3pm, Fri., 6:30am-Noon; 321-268-6721

Healthcare Center | Port Canaveral: 390 Challenger Rd., Port Canaveral, FL 32920
Mon.-Fri., 8am-5pm; 321-633-8640

Healthcare Center | Port St. John: 5005 Port St. John Pkwy, Port St. John, FL 32927

Mon.-Thurs., 7am-4pm, Fri., 7am-Noon; 321-636-9393, ext. 8015

Healthcare Center | Titusville (Titus Landing): 250 Harrison St., Titusville, FL 32780
Mon.-Fri., 7am-4pm; 321-268-6764, ext. 8353

Date: _____

Collection Time Started: _____

Collection Time Ended: _____

Test Name: _____

Container Preservative: _____

Refrigerate: <u>YES</u>

Please call the Lab at 321-268-6134 if you have any questions.