

COLLECTION PROCEDURE FOR CLEAN CATCH URINE

1. Wash hands.
2. Break the seal on the side of the container.
3. Place flat surface of lid on counter.
4. DO NOT touch inside the lid or inside the container with hands.
5. Tear open all three towelette packets.
6. Clean genital area with towelette. **Please note:**
 - a. **Females:** Hold labia with one hand and wash one side of vulva front to back. Wash second side with second towelette, and center with third towelette.
 - b. **Males:** If uncircumcised, hold foreskin back. Wash head of penis from center outward with each towelette.
7. While holding labia apart or foreskin back, begin to void into toilet.
8. Bring container into stream and partly fill it. Make sure top edge of container does not touch anything.
9. Finish emptying bladder into toilet.
10. Close container with lid. **DO NOT** touch inside the container with your hands.

Please speak with a Lab care partner if you have any questions.